



P.E. Learning Sequence



	Autumn		Spring		Summer	
EYFS	Introduction to PE	Fundamentals	Gymnastics	Dance	Ball Skills	Games
Year One	Fundamentals Fitness	Ball Skills Dance	Gymnastics Net and Wall Swimming	Sending and Receiving Striking and Fielding	Athletics Invasion	Target Games Team Building
Year Two	Fundamentals Fitness	Ball Skills Dance	Gymnastics Net and Wall Swimming	Sending and Receiving Striking and Fielding	Athletics Invasion	Target Games Team Building
Year Three	Fundamentals Fitness	Netball Dance	Gymnastics Dodgeball Swimming	Rounders Football	Athletics Hockey	Tennis OAA
Year Four	Ball Skills Fitness	Basketball Dance Swimming	Gymnastics Dodgeball	Cricket Tag Rugby	Athletics Badminton	Tennis OAA
Year Five	Badminton Fitness	Netball Dance Swimming	Gymnastics Volleyball	Rounders Football	Athletics Hockey	Tennis OAA
Year Six	Fitness Football Swimming	Basketball Dance	Gymnastics Volleyball	Cricket Tag Rugby	Athletics Dodgeball	Tennis OAA